

---

## Courtney Tibbetts

### Curriculum Vitae

---

#### **Contact Information**

info@lafayettepsychologycenter.com  
(337) 234-4912  
1538 W. Pinhook Rd.  
Lafayette, LA 70503  
www.lafayettepsychologycenter.com

#### **Licensure Information**

State of Alabama License #1919  
Issued September 12, 2014  
Expired October 15, 2018

State of Louisiana License #1463  
Issued March 16, 2018  
Expires July 31, 2022

#### **Education**

Psy. D. in Clinical Psychology  
August 2013  
Marywood University

Master of Business Administration  
May 2007  
East Carolina University

M.A in Psychology  
May 2011  
Marywood University

B.A. Psychology/ B.S. Criminal Justice  
May 2005  
East Carolina University

#### **Professional Experience**

Private Practice, Lafayette Psychology Center, LLC

May 2018 – Current

Provides individual and group therapy, couples counseling, and trauma informed care; provides assessment of objective and subjective personality, competency, criminal responsibility and risk; provides custody evaluations; provides bariatric surgery evaluations; conducts assessments for diagnostic clarification; provides sex offender treatment.

Wellpath, Acadiana Center for Youth, Contractor

March 2019 – Current

Conducts psychological evaluations on newly incarcerated juveniles.

Logistics Health Incorporated (LHI) Contractor

January 2019 – Current

Conducts psychological evaluations of veterans in Louisiana to assist in compensation and benefits determinations.

Veterans Evaluation Services (VES) Contractor

April 2018 – Current

Conducts psychological evaluations of veterans in Louisiana to assist in compensation and benefits determinations.

Specialty Program Psychologist, FCC Oakdale

March 2015 – July 2018

My primary role as a Specialty Program Psychologist was management of the Reintegration Housing Unit (RHU) Program at the Federal Correctional Complex (FCC) in Oakdale, LA. The RHU is a residential treatment program which employs principles of a modified therapeutic community (MTC) to meet the special needs/issues of a high security correctional population and encourages a healthy and crime-free approach to life. Responsibilities included overseeing daily operations of the program; supervising program treatment specialists; conducting individual diagnostic interviews; developing and implementing individualized treatment plans for mentally ill participants; monitoring inmate progression through the program and implementing behavior modification plans when needed; developing and implementing enhanced programming and re-entry initiatives to improve program outcomes; conducting crisis intervention; confrontation avoidance; suicide risk assessments; risk assessments for sexual violence and victimization; conducting both individual and group therapy focusing on anger management; dialectical behavior therapy; basic cognitive skills; criminal thinking; and social skills training.

Other duties included staff training on Managing Inmate Sexual Behavior, Crisis Negotiation and BOP Hostage Policy, Care of Mentally Ill Inmates to include suicidal inmates and inmate victims/perpetrators of sexual violence; Educating staff on effective communication and the influence of perception and personality in the workplace; Dispute Resolution Specialist (staff mediation); CPR Instructor; START staff sponsor (inmates speaking with at-risk youth in the community); Employee Assistance Program (EAP) counselor; Mental Health Expert for FCC Pollock/Oakdale Crisis Negotiation Team.

Supervisor: Chief Psychologist, Dr. Barbara Moorehead

Staff Psychologist, FCC Oakdale

September 2013 – March 2015

Responsibilities included providing psychological services to inmates who struggle with a wide range of psychological problems; conducting diagnostic assessment of newly arriving inmates; crisis intervention; suicide risk assessments; cognitive and personality assessment; management and treatment of individuals in the Special Housing Unit (SHU); Suicide Program Coordinator (specializing in prevention and response training for staff as well as monitoring assessment and treatment of suicidal inmates).

Supervisor: Chief Psychologist, Dr. Barbara Moorehead

Predoctoral Psychology Intern, FMC Devens

August 2012 – August 2013

My primary role as an intern at the Federal Medical Center (FMC) in Devens, MA is to deliver psychological services to inmates of varying security levels who struggle with a wide range of psychological problems. Responsibilities included administration and interpretation of psychological tests; diagnostic evaluations; risk assessments; crisis intervention; sexual assault and suicide prevention, confrontation avoidance, grief counseling, adjustment to incarceration issues; management and treatment of behaviorally disordered inmates; individual and group therapy. In addition to learning the general duties required of a staff psychologist, I have had the opportunity to receive specialized training in four different areas including:

Training Director: Dr. Diana Hamilton

Severe and Persistent Mental Illness (20 hours per week for four months)

Complete clinical intake interviews with newly admitted inmates; develop diagnostic formulations and treatment plans; conduct individual; management of a caseload of 15-20 severely mentally ill

inmates (e.g., assess current levels of functioning, risk of harm to self or others, make appropriate treatment and supervision recommendations, monitor the inmate's adherence to institution rules, create discharge summaries and recommendations for step-down treatment). Group therapy including skill acquisition with lower functioning inmates and trauma survivors process; received specialized training in psychotic disorders and neurocognitive assessment tools.

#### Drug Abuse Programming (20 hours per week for four months)

Conduct individual diagnostic interviews for residential substance abuse program referrals; group substance abuse education aimed at helping inmates identify risks of substance use, factors that perpetuate substance use, and tools for relapse prevention; conduct Non-Residential Drug Abuse Program treatment groups aimed at helping inmates identify and correct irrational thoughts that support their substance use, understand triggers for substance use, develop alternative coping tools, gain an understanding of high risk situations, and develop plans for relapse prevention.

#### Sex Offender Treatment Program (SOTP) (40 hours per week for four months)

Conduct psychosexual evaluations utilizing objective measures (e.g., static 99, penile plethysmograph, personality and cognitive assessment) and structured clinical interview to develop diagnosis, treatment plan, and assessment of risk for each participant in the residential treatment program; conduct individual and group therapy (e.g. victim impact, intimacy skills, basic cognitive skills, emotional regulation, relapse prevention); participated as an interdisciplinary team member in treatment and management of inmate sexual misconduct.

#### Forensic Evaluation (40 hours per week for four months)

Administer and interpret psychological tests (e.g. assessments of personality, intelligence, malingering, risk assessments) for court-ordered assessments; conducted evaluations of competency and criminal responsibility; conducted collateral interviews with relevant sources; extensive record reviews; generated forensic reports for the courts; conducted competency restoration group for inmates found incompetent to stand trial; observed court proceedings and expert witness testimony; received specialized training in personality and cognitive assessment; competency to stand trial; criminal responsibility; relevant case law; and ethics in forensic practice.

#### Psychology Practicum Student, USP Canaan

September 2011 – May 2012

Conducted diagnostic evaluations; individual and group treatment; substance abuse treatment; suicide companion training; administered psychological and cognitive testing; psychosocial interviews and treatment plan development for participants in the residential Challenge treatment program targeting inmates with co-occurring substance abuse and mental illness.  
Supervisor: Dr. Thomas DiPaola

#### Intern, Lackawanna County Mental Health Court

July 2010 – October 2011

The Mental Health Treatment court was established in December 2006. Offenders were placed by the Court after pleading guilty or being adjudicated guilty, or were diverted from court by the magisterial district judges and placed in the Program. Offenders who were assigned to participate in the Mental Health Treatment court work with a Treatment Team which includes representatives from the Office of the District Attorney, Office of the Public Defender, the Probation Department and appropriate treatment providers. As part of this Treatment Team, my duties included: conducting psychological assessments; administering and interpreting personality/cognitive testing; making

recommendations to the court regarding the appropriate diagnosis and treatment of participants; and providing group counseling to treatment court participants.

Supervisor: Dr. Thomas DiPaola

Counselor, Marywood University Psychology Services Center

August 2008 – July /2010

Conducted in depth clinical interviews with potential clients in order to make provisional diagnoses and treatment recommendations; individual therapy with children and adults suffering from mental illness; developed skills in building rapport, diagnosis, assessing treatment needs, establishing appropriate treatment plans, and utilizing evidenced-based treatment techniques; administered and interpreted psychological testing; and supervised students in conducting individual therapy.

Supervisor: Dr. David Palmiter

Practicum Student, Greater Binghamton Health Center, NY

June 2009 – December 2009

The Greater Binghamton Health Center (GBHC) provides comprehensive outpatient and inpatient services for adults, adolescents, and children who are mentally ill. Conducted geropsychiatric treatment; individual, family, and group therapy; inpatient adolescent treatment and assessment; risk assessment; administered personality and cognitive assessment; completed diagnostic assessment and treatment planning.

### **Specialized Training**

#### **Forensic**

TRUST - Hot Topics in Ethics and Risk Management in Psychological Practice, June 2019

AAFP – Advanced Issues in Child Custody and Parenting Evaluations, September 2018

AAFP – Introduction to Child Custody and Parenting Evaluations, August 2018

Criminal Responsibility Evaluations, March 2018

Assessing Criminal Responsibility, February 2013

Assessing Competency to Stand Trial, December 2012

#### **Sex-offender Specific**

Evidenced-Based Psychotherapeutic Approaches to Adult Sexual Offender Treatment, June 2020

Civil Commitment of the Sexually Dangerous, May 2013

Emotional Sex Regulation Among Sex Offenders, April 2013

Managing Sex Offender's Risk Relevant Prison Behavior, February 2013

Risk Assessments for Sexual Offenders, Part I & II, November & December 2012

#### **Clinical Populations**

Intimate Partner Violence, July 2020

Treating Trauma in Clients with Eating Disorders, February 2019

Creating an LGBTQ Affirming Therapeutic Relationship, December 2016

Transgender Inmates: Psychologists Roles and Diagnostic Protocols, February 2016

Dialectical Behavior Training Skills for Correctional Populations, August 2014

Ethical and Competent Care of Suicidal Patients, October 2013

Psychotherapy with Narcissistic & Antisocial Personalities, December 2012

### **Professional Publications and Presentations**

Conflict Management and De-escalation of Aggressive Behavior, Professional Training Resources, July 17, 2020

Conflict Resolution, Nursing Residency Program, Lafayette General Medical Center, July 16, 2019

Work-Life Balance, Nursing Residency Program, Lafayette General Medical Center, April 16, 2019

The Influence of Personality and Perception in the Workplace, FCC Pollock, March 22, 2017

Anger Management in the Workplace, FCC Oakdale, October 22, 2014

Psychotic Disorders, FMC Devens, April 2013

Tibbetts, C. (2013). "Same-sex stalking perceptions: The influence of respondent sexual orientation." Unpublished dissertation, Marywood University

Endophenotypes of ADHD: A Study of the Potential Relationship between ADHD and Enuresis – Poster Presentation, 4th INFC Congress of Neuroinformatics, Boston, MA, September 4, 2011

### **Community Outreach**

Lafayette Commission on the Needs of Women member March 2020 - present

Volunteer at Lafayette General, March 2019 - present

CPR Instructor, FCC Oakdale, 2016 – July 2018

Dispute Resolution Specialist, FCC Oakdale, 2015 – July 2018

Crisis Negotiation Team, Mental Health Expert, FCC Oakdale, 2014 – July 2018

### **References**

Sasha J. Lambert, Ph.D.  
Clinical Psychologist  
Owner, Lafayette Psychology Center  
1538 W. Pinhook Road  
Lafayette, LA 70503  
337-234-4912

Dr. Diana Hamilton  
Forensic Psychologist  
Federal Bureau of Prisons  
FMC Carswell  
817-782-4034

Dr. Shelley Power  
Drug Abuse Program Coordinator  
Federal Bureau of Prisons  
FCC Oakdale  
318-255-2054